

## 2009 SOUTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 483 middle school students in South East Region during February of 2009. Frequency distributions may not total 483 due to non-response and percents may not total 100 percent due to rounding.

<i>Q-1. How old are you?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 10 years old or younger	0	0.0%
b. 11 years old	2	0.4%
c. 12 years old	64	13.5%
d. 13 years old	243	51.4%
e. 14 years old	156	33.0%
f. 15 years old	8	1.7%
g. 16 years old or older	0	0.0%
<b>Total</b>	<b>473</b>	<b>100.0%</b>

<i>Q-2. What is your sex?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Female	237	49.7%
b. Male	240	50.3%
<b>Total</b>	<b>477</b>	<b>100.0%</b>

<i>Q-3. In what grade are you?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 7th grade	243	51.4%
b. 8th grade	230	48.6%
<b>Total</b>	<b>473</b>	<b>100.0%</b>

<i>Q-4. Are you Hispanic or Latino?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	25	5.3%
b. No	444	94.7%
<b>Total</b>	<b>469</b>	<b>100.0%</b>

<i>Q-5. What is your race?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. American Indian or Alaskan Native	49	10.1%
b. Asian	9	1.9%
c. Black or African American	6	1.2%
d. Native Hawaiian or Other Pacific Islander	6	1.2%
e. White	424	87.8%
(More than one response allowed)	<b>Total</b>	<b>494</b>
		<b>102.3%</b>

<i>Q-6. When you ride a bicycle, how often did you wear a helmet?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I do not ride a bicycle	46	9.6%
b. Never wear a helmet	297	62.1%
c. Rarely wear a helmet	73	15.3%
d. Sometimes wear a helmet	30	6.3%
e. Most of the time wear a helmet	13	2.7%
f. Always wear a helmet	19	4.0%
<b>Total</b>	<b>478</b>	<b>100.0%</b>

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Q-7. <i>When you rollerblade or ride skateboard, how often did you wear a helmet?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I do not rollerblade or ride a skateboard	262	55.0%
b. Never wear a helmet	158	33.2%
c. Rarely wear a helmet	24	5.0%
d. Sometimes wear a helmet	10	2.1%
e. Most of the time wear a helmet	11	2.3%
f. Always wear a helmet	11	2.3%
<b>Total</b>	<b>476</b>	<b>100.0%</b>
Q-8. <i>How often do you wear your seat belt when riding in a car?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Never	21	4.5%
b. Rarely	41	8.7%
c. Sometimes	98	20.9%
d. Most of the time	176	37.4%
e. Always	134	28.5%
<b>Total</b>	<b>470</b>	<b>100.0%</b>
Q-9. <i>How often do you wear your seat belt when driving a car?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I do not drive a car	304	64.5%
b. Never	25	5.3%
c. Rarely	30	6.4%
d. Sometimes	27	5.7%
e. Most of the time	35	7.4%
f. Always	50	10.6%
<b>Total</b>	<b>471</b>	<b>100.0%</b>
Q-10. <i>During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 times	368	77.1%
b. 1 time	44	9.2%
c. 2 or 3 times	32	6.7%
d. 4 or 5 times	14	2.9%
e. 6 or more times	19	4.0%
<b>Total</b>	<b>477</b>	<b>100.0%</b>
Q-11. <i>During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 times	451	95.6%
b. 1 time	10	2.1%
c. 2 or 3 times	7	1.5%
d. 4 or 5 times	1	0.2%
e. 6 or more times	3	0.6%
<b>Total</b>	<b>472</b>	<b>100.0%</b>
Q-12. <i>During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	361	76.0%
b. 1 day	24	5.1%
c. 2 or 3 days	35	7.4%
d. 4 or 5 days	12	2.5%
e. 6 or more days	43	9.1%
<b>Total</b>	<b>475</b>	<b>100.0%</b>

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<i>Q-13. During the past 30 days, on how many days did you carry a gun?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	423	88.3%
b. 1 day	25	5.2%
c. 2 or 3 days	15	3.1%
d. 4 or 5 days	3	0.6%
e. 6 or more days	13	2.7%
<b>Total</b>	<b>479</b>	<b>100.0%</b>
<i>Q-14. During the past 30 days, did you carry a weapon such as a gun, knife or club on school property?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	47	9.8%
b. No	431	90.2%
<b>Total</b>	<b>478</b>	<b>100.0%</b>
<i>Q-15. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	459	96.2%
b. 1 day	14	2.9%
c. 2 or 3 days	1	0.2%
d. 4 or 5 days	1	0.2%
e. 6 or more days	2	0.4%
<b>Total</b>	<b>477</b>	<b>100.0%</b>
<i>Q-16. During the past 12 months, has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	30	6.3%
b. No	450	93.8%
<b>Total</b>	<b>480</b>	<b>100.0%</b>
<i>Q-17. During the past 12 months, have you ever been in a physical fight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	178	37.6%
b. No	296	62.4%
<b>Total</b>	<b>474</b>	<b>100.0%</b>
<i>Q-18. During the past 12 months, have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or nurse?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	14	2.9%
b. No	464	97.1%
<b>Total</b>	<b>478</b>	<b>100.0%</b>
<i>Q-19. During the past 12 months, have you ever been in a physical fight on school property?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	90	18.9%
b. No	385	81.1%
<b>Total</b>	<b>475</b>	<b>100.0%</b>
<i>Q-20. During the past 12 months, have you ever been bullied on school property?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	179	38.2%
b. No	290	61.8%
<b>Total</b>	<b>469</b>	<b>100.0%</b>

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Q-21. During the past 12 months, have you ever been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging?	<u>Count</u>	<u>Percent</u>
a. Yes	75	15.8%
b. No	401	84.2%
<b>Total</b>	<b>476</b>	<b>100.0%</b>
Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	<u>Count</u>	<u>Percent</u>
a. Yes	106	22.4%
b. No	368	77.6%
<b>Total</b>	<b>474</b>	<b>100.0%</b>
Q-23. During the past 12 months, did you ever seriously think about killing yourself?	<u>Count</u>	<u>Percent</u>
a. Yes	80	17.0%
b. No	390	83.0%
<b>Total</b>	<b>470</b>	<b>100.0%</b>
Q-24. During the past 12 months, did you make a plan about how you would kill yourself?	<u>Count</u>	<u>Percent</u>
a. Yes	51	10.7%
b. No	426	89.3%
<b>Total</b>	<b>477</b>	<b>100.0%</b>
Q-25. During the past 12 months, did you ever try to kill yourself?	<u>Count</u>	<u>Percent</u>
a. Yes	25	5.2%
b. No	452	94.8%
<b>Total</b>	<b>477</b>	<b>100.0%</b>
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	<u>Count</u>	<u>Percent</u>
a. I did not attempt suicide	382	80.6%
b. Yes	26	5.5%
c. No	66	13.9%
<b>Total</b>	<b>474</b>	<b>100.0%</b>
Q-27. Have you ever tried cigarette smoking, even one or two puffs	<u>Count</u>	<u>Percent</u>
a. Yes	119	25.3%
b. No	352	74.7%
<b>Total</b>	<b>471</b>	<b>100.0%</b>
Q-28. How old were you when you smoked a whole cigarette for the first time?	<u>Count</u>	<u>Percent</u>
a. I have never smoked a whole cigarette	392	82.7%
b. 8 years old or younger	17	3.6%
c. 9 years old	5	1.1%
d. 10 years old	10	2.1%
e. 11 years old	10	2.1%
f. 12 years old	24	5.1%
g. 13 years old or older	16	3.4%
<b>Total</b>	<b>474</b>	<b>100.0%</b>

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<i>Q-29. During the past 30 days, on how many days did you smoke cigarettes?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	442	93.8%
b. 1 or 2 days	13	2.8%
c. 3 to 5 days	5	1.1%
d. 6 to 9 days	2	0.4%
e. 10 to 19 days	5	1.1%
f. 20 to 29 days	1	0.2%
g. All 30 days	3	0.6%
<b>Total</b>	<b>471</b>	<b>100.0%</b>

<i>Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I did not smoke cigarettes during the past 30 days	446	94.3%
b. Less than 1 cigarette per day	11	2.3%
c. 1 cigarette per day	7	1.5%
d. 2 to 5 cigarettes per day	7	1.5%
e. 6 to 10 cigarettes per day	1	0.2%
f. 11 to 20 cigarettes per day	0	0.0%
g. More than 20 cigarettes per day	1	0.2%
<b>Total</b>	<b>473</b>	<b>100.0%</b>

<i>Q-31. During the past 30 days, how did you usually get your own cigarettes?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I did not smoke cigarettes during the past 30 days	446	93.9%
b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	2	0.4%
c. I bought them from a vending machine	0	0.0%
d. I gave someone else money to buy them for me	4	0.8%
e. I borrowed them from someone else	8	1.7%
f. A person 18 years old or older gave them to me	1	0.2%
g. I took them from a store or family member	5	1.1%
h. I got them some other way	9	1.9%
<b>Total</b>	<b>475</b>	<b>100.0%</b>

<i>Q-32. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	23	4.9%
b. No	451	95.1%
<b>Total</b>	<b>474</b>	<b>100.0%</b>

<i>Q-33. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garret, Beechnut, Skoal, Skoal Bandits, or Copenhagen?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	454	94.8%
b. 1 or 2 days	14	2.9%
c. 3 to 5 days	1	0.2%
d. 6 to 9 days	3	0.6%
e. 10 to 19 days	4	0.8%
f. 20 to 29 days	1	0.2%
g. All 30 days	2	0.4%
<b>Total</b>	<b>479</b>	<b>100.0%</b>

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<i>Q-34. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	463	97.3%
b. 1 or 2 days	5	1.1%
c. 3 to 5 days	4	0.8%
d. 6 to 9 days	2	0.4%
e. 10 to 19 days	1	0.2%
f. 20 to 29 days	0	0.0%
g. All 30 days	1	0.2%
<b>Total</b>	<b>476</b>	<b>100.0%</b>

<i>Q-35. Have you ever had a drink of alcohol, other than a few sips?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	192	40.7%
b. No	280	59.3%
<b>Total</b>	<b>472</b>	<b>100.0%</b>

<i>Q-36. How old were you when you had your first drink of alcohol other than a few sips?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never had a drink of alcohol other than a few sips	274	58.5%
b. 8 years old or younger	33	7.1%
c. 9 years old	12	2.6%
d. 10 years old	20	4.3%
e. 11 years old	23	4.9%
f. 12 years old	48	10.3%
g. 13 years old or older	58	12.4%
<b>Total</b>	<b>468</b>	<b>100.0%</b>

<i>Q-37. During the past 30 days, on how many days did you have at least one drink of alcohol?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	383	80.5%
b. 1 or 2 days	60	12.6%
c. 3 to 5 days	12	2.5%
d. 6 to 9 days	8	1.7%
e. 10 to 19 days	4	0.8%
f. 20 to 29 days	5	1.1%
g. All 30 days	4	0.8%
<b>Total</b>	<b>476</b>	<b>100.0%</b>

<i>Q-38. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	433	91.4%
b. 1 day	15	3.2%
c. 2 days	11	2.3%
d. 3 to 5 days	9	1.9%
e. 6 to 9 days	3	0.6%
f. 10 to 19 days	1	0.2%
g. 20 or more days	2	0.4%
<b>Total</b>	<b>474</b>	<b>100.0%</b>

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<i>Q-39. Have you ever used marijuana?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	43	9.1%
b. No	430	90.9%
<b>Total</b>	<b>473</b>	<b>100.0%</b>

<i>Q-40. How old were you when you tried marijuana for the first time?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never tried marijuana	443	93.1%
b. 8 years old or younger	7	1.5%
c. 9 years old	2	0.4%
d. 10 years old	2	0.4%
e. 11 years old	1	0.2%
f. 12 years old	9	1.9%
g. 13 years old or older	12	2.5%
<b>Total</b>	<b>476</b>	<b>100.0%</b>

<i>Q-41. During the past 30 days, how many times did you marijuana?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 times	458	96.2%
b. 1 or 2 times	10	2.1%
c. 3 to 9 times	4	0.8%
d. 10 to 19 times	1	0.2%
e. 20 to 39 times	2	0.4%
f. 40 or more times	1	0.2%
<b>Total</b>	<b>476</b>	<b>100.0%</b>

<i>Q-42. Have you ever used any form of cocaine, including powder, crack, or freebase?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	17	3.6%
b. No	460	96.4%
<b>Total</b>	<b>477</b>	<b>100.0%</b>

<i>Q-43. Have you ever sniffed glue or breathed the contents of spray cans, or inhaled any paints or sprays to get high?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	63	13.2%
b. No	414	86.8%
<b>Total</b>	<b>477</b>	<b>100.0%</b>

<i>Q-44. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 times	455	95.6%
b. 1 or 2 times	17	3.6%
c. 3 to 9 times	4	0.8%
d. 10 to 19 times	0	0.0%
e. 20 to 39 times	0	0.0%
f. 40 or more times	0	0.0%
<b>Total</b>	<b>476</b>	<b>100.0%</b>

<i>Q-45. Have you ever used steroid pills or shots without a doctor's prescription</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	14	2.9%
b. No	463	97.1%
<b>Total</b>	<b>477</b>	<b>100.0%</b>

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Q46 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

	<u>Count</u>	<u>Percent</u>
a. Yes	25	5.3%
b. No	450	94.7%
<b>Total</b>	<b>475</b>	<b>100.0%</b>

Q-47. Have you ever had sexual intercourse?

	<u>Count</u>	<u>Percent</u>
a. Yes	57	12.5%
b. No	399	87.5%
<b>Total</b>	<b>456</b>	<b>100.0%</b>

Q-48. How old were you when you had sexual intercourse for the first time?

	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	405	85.3%
b. 8 years old or younger	26	5.5%
c. 9 years old	1	0.2%
d. 10 years old	3	0.6%
e. 11years old	1	0.2%
f. 12 years old	11	2.3%
g. 13 years old or older	28	5.9%
<b>Total</b>	<b>475</b>	<b>100.0%</b>

Q-49. With how many people have you had sexual intercourse?

	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	423	89.4%
b. 1 person	24	5.1%
c. 2 people	11	2.3%
d. 3 people	4	0.8%
e. 4 people	3	0.6%
f. 5 people	0	0.0%
g. 6 or more people	8	1.7%
<b>Total</b>	<b>473</b>	<b>100.0%</b>

Q-50. During the past 3 months, with how many people did you have sexual intercourse?

	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	424	89.6%
b. I have had sexual intercourse, but not during the past 3 months	21	4.4%
c. 1 person	17	3.6%
d. 2 people	3	0.6%
e. 3 people	5	1.1%
f. 4 people	1	0.2%
g. 5 people	0	0.0%
h. 6 or more people	2	0.4%
<b>Total</b>	<b>473</b>	<b>100.0%</b>

Q-51. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	420	88.8%
b. Yes	17	3.6%
c. No	36	7.6%
<b>Total</b>	<b>473</b>	<b>100.0%</b>



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<i>Q-52. The last time you had sexual intercourse, did you or your partner use a condom?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never had sexual intercourse	420	89.2%
b. Yes	35	7.4%
c. No	16	3.4%
<b>Total</b>	<b>471</b>	<b>100.0%</b>
<i>Q-53. How do you describe your weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Very underweight	19	4.0%
b. Slightly underweight	43	9.1%
c. About the right weight	285	60.5%
d. Slightly overweight	110	23.4%
e. Very overweight	14	3.0%
<b>Total</b>	<b>471</b>	<b>100.0%</b>
<i>Q-54. Which of the following are you trying to do about your weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Lose weight	221	46.7%
b. Gain weight	50	10.6%
c. Stay the same weight	96	20.3%
d. I am not trying to do anything about my weight	106	22.4%
<b>Total</b>	<b>473</b>	<b>100.0%</b>
<i>Q-55. During the past 7 days, on how many days did you eat breakfast?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	50	10.7%
b. 1 day	23	4.9%
c. 2 days	31	6.6%
d. 3 days	33	7.0%
e. 4 days	28	6.0%
f. 5 days	39	8.3%
g. 6 days	35	7.5%
h. 7 days	230	49.0%
<b>Total</b>	<b>469</b>	<b>100.0%</b>
<i>Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	284	62.1%
b. No	173	37.9%
<b>Total</b>	<b>457</b>	<b>100.0%</b>
<i>Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	143	30.3%
b. No	329	69.7%
<b>Total</b>	<b>472</b>	<b>100.0%</b>
<i>Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	42	8.9%
b. No	430	91.1%
<b>Total</b>	<b>472</b>	<b>100.0%</b>

## 2009 SOUTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

Q-59. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?  
(Do not include meal replacement products such as Slim Fast.)

	<u>Count</u>	<u>Percent</u>
a. Yes	14	3.0%
b. No	454	97.0%
<b>Total</b>	<b>468</b>	<b>100.0%</b>

Q-60. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	<u>Count</u>	<u>Percent</u>
a. Yes	17	3.6%
b. No	454	96.4%
<b>Total</b>	<b>471</b>	<b>100.0%</b>

Q-61. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?

	<u>Count</u>	<u>Percent</u>
a. I did not drink 100% fruit juice during the past 7 days	124	26.3%
b. 1 to 3 times during the past 7 days	181	38.4%
c. 4 to 6 times during the past 7 days	81	17.2%
d. 1 time per day	33	7.0%
e. 2 times per day	25	5.3%
f. 3 times per day	14	3.0%
g. 4 or more times per day	13	2.8%
<b>Total</b>	<b>471</b>	<b>100.0%</b>

Q-62. During the past 7 days, how many times did you eat fruit?

	<u>Count</u>	<u>Percent</u>
a. I did not eat fruit during the past 7 days	48	10.3%
b. 1 to 3 times during the past 7 days	178	38.2%
c. 4 to 6 times during the past 7 days	113	24.2%
d. 1 time per day	58	12.4%
e. 2 times per day	42	9.0%
f. 3 times per day	12	2.6%
g. 4 or more times per day	15	3.2%
<b>Total</b>	<b>466</b>	<b>100.0%</b>

Q-63. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite?

	<u>Count</u>	<u>Percent</u>
a. I did not drink a soda or pop during the past 7 days	78	16.4%
b. 1 to 3 times during the past 7 days	205	43.2%
c. 4 to 6 times during the past 7 days	80	16.8%
d. 1 time per day	41	8.6%
e. 2 times per day	38	8.0%
f. 3 times per day	15	3.2%
g. 4 or more times per day	18	3.8%
<b>Total</b>	<b>475</b>	<b>100.0%</b>

## 2009 SOUTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-64. During the past 7 days, how many glasses of milk did you drink?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I did not drink milk during the past 7 days	45	9.6%
b. 1 to 3 glasses during the past 7 days	70	14.9%
c. 4 to 6 glasses during the past 7 days	79	16.8%
d. 1 glass per day	54	11.5%
e. 2 glasses per day	93	19.8%
f. 3 glasses per day	71	15.1%
g. 4 or more glasses per day	58	12.3%
<b>Total</b>	<b>470</b>	<b>100.0%</b>

<i>Q-65. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	40	8.8%
b. 1 day	36	7.9%
c. 2 days	40	8.8%
d. 3 days	53	11.6%
e. 4 days	46	10.1%
f. 5 days	57	12.5%
g. 6 days	38	8.3%
h. 7 days	147	32.2%
<b>Total</b>	<b>457</b>	<b>100.0%</b>

<i>Q-66. On an average school day, how many hours do you watch TV?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I do not watch TV on an average school day	43	9.1%
b. Less than 1 hour per day	92	19.5%
c. 1 hour per day	88	18.6%
d. 2 hours per day	121	25.6%
e. 3 hours per day	65	13.7%
f. 4 hours per day	21	4.4%
g. 5 or more hours per day	43	9.1%
<b>Total</b>	<b>473</b>	<b>100.0%</b>

<i>Q-67. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I do not play video or computer games or use a computer for something that is not school work	86	18.2%
b. Less than 1 hour per day	136	28.8%
c. 1 hour per day	97	20.5%
d. 2 hours per day	69	14.6%
e. 3 hours per day	41	8.7%
f. 4 hours per day	20	4.2%
g. 5 or more hours per day	24	5.1%
<b>Total</b>	<b>473</b>	<b>100.0%</b>

<i>Q-68. In an average week when you are in school, on how many days do you go to physical education (PE) classes?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	100	21.5%
b. 1 day	15	3.2%
c. 2 days	80	17.2%
d. 3 days	141	30.3%
e. 4 days	8	1.7%
f. 5 days	122	26.2%
<b>Total</b>	<b>466</b>	<b>100.0%</b>

## 2009 SOUTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-69. During the past 12 months, on how many sports teams did you play?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 teams	83	18.0%
b. 1 team	109	23.6%
c. 2 teams	102	22.1%
d. 3 or more teams	168	36.4%
<b><i>Total</i></b>	<b>462</b>	<b>100.0%</b>

<i>Q-70. Have you ever been taught about AIDS/HIV infection in school?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes	329	70.9%
b. No	78	16.8%
c. Not sure	57	12.3%
<b><i>Total</i></b>	<b>464</b>	<b>100.0%</b>

<i>Q-71. Has a doctor or nurse ever told you that you have asthma?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes	77	16.6%
b. No	356	76.7%
c. Not sure	31	6.7%
<b><i>Total</i></b>	<b>464</b>	<b>100.0%</b>

<i>Q-72. Do you still have asthma?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I have never had asthma	330	71.7%
b. Yes	60	13.0%
c. No	33	7.2%
d. Not sure	37	8.0%
<b><i>Total</i></b>	<b>460</b>	<b>100.0%</b>